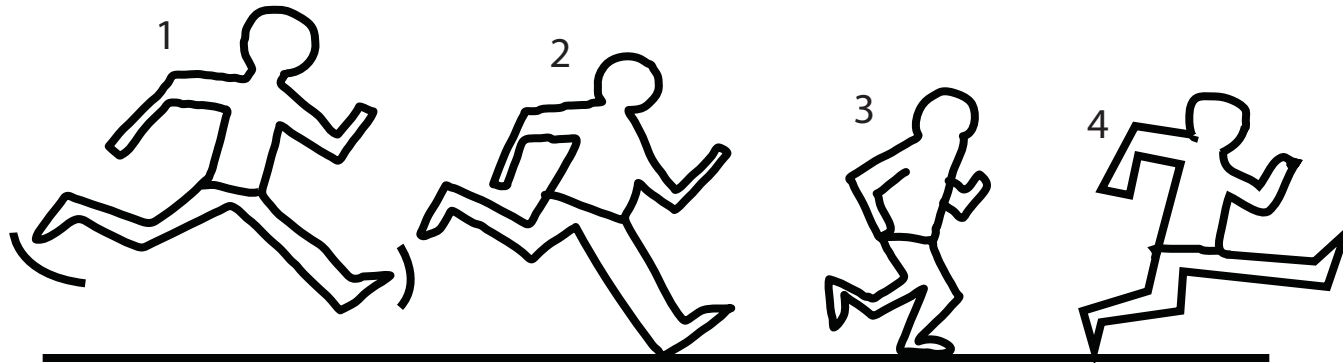


# Running



## Steps

Pose 1 is off the ground.

Pose 2 front foot hits the ground.

Pose 3 bent legs and match foot on ground with previous foot on ground.

Pose 4 toe of back foot on ground where bent legs were.

