

The Abdominal Snoreman



The Winter Stop-Motion Project Kit

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READY • SET • ANIMATE!

Grab some clay, get a stop motion app, and get animating.

We have six recipes below, and tutorial videos for each.

Make your own snowman movie, with each of the six recipes included.

It does not have to be about an *Abdominal Snoreman*.

Make it your own kind of snowman, or snowwoman movie.

Try to make it talk, snore, eye-pop, throw, inbetween blur, and double-take.

Get people to help you! Send us a link to your movie, It is that simple.

WHAT YOU NEED



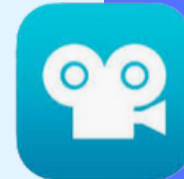
We used Model Magic by Crayola to make Abdominal Snoreman. But Play-Doh, Plasticine, cookie dough, or paper cut-outs are fine.

Animating Kids is app independent. Animation formulas are evergreen.

Links to apps we love:



[iStopmotion - Mac/iPhone/iPad](#)



[Stop Motion Studio - Smartphones](#)



[Stop Motion Animator - Chromebooks](#)



[Cloud Stop Motion - Browser Based](#)

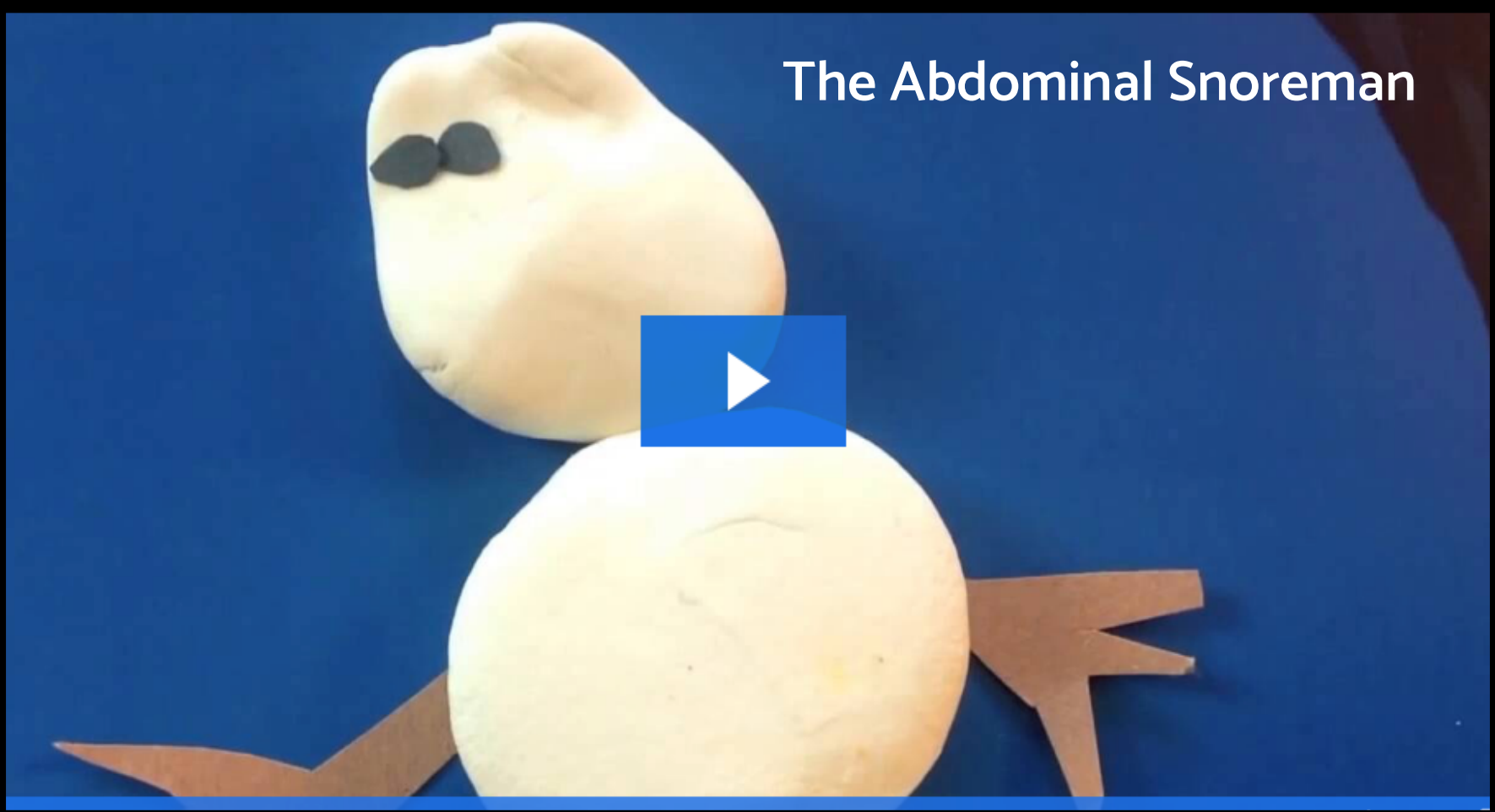


[Dragon Frame - DSLRs](#)

Make sure to set your app to 15 frames-per-second to sync with our secret recipes.


The Abdominal


The Abdominal Snoreman



The Abdominal

Throwing fast with wind-up




Step 1
Take 15 Pictures


Step 2
Lean body back and wind up
3 pictures
Then take

Step 3
Move head and upper

Step 4
Lean body way forward putting throwing arm in front. Bring back other arm pointing up and back. Hold for 15 pictures.

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Overview Video



2:24

Snoring Secret Recipe Video

Click to Play



Snoring



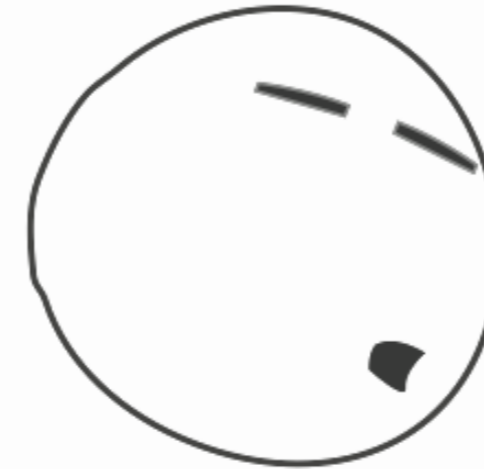
Step 1

Vibrate for 15 pictures, tipping face back & forth every other picture.



Step 2

1 picture of smaller mouth with head tipping forward



Step 3

Smallest mouth for 15 pictures



Step 4

Tip head backward with medium mouth for 1 picture.



Step 5

Tip head backward a bit more with medium mouth

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Double Take Secret Recipe Video

Click to Play

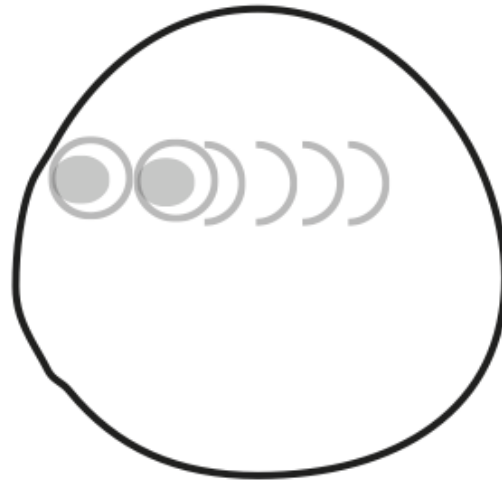


Double Take



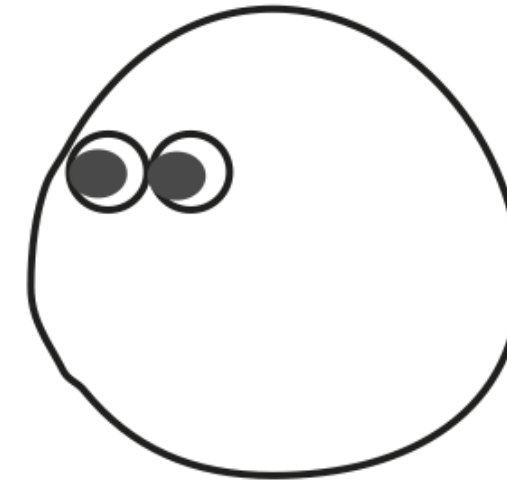
Step 1

Take 15 pictures



Step 2

Slide eyes to the left for 4 - 5 pictures. Make them closer together as you go.



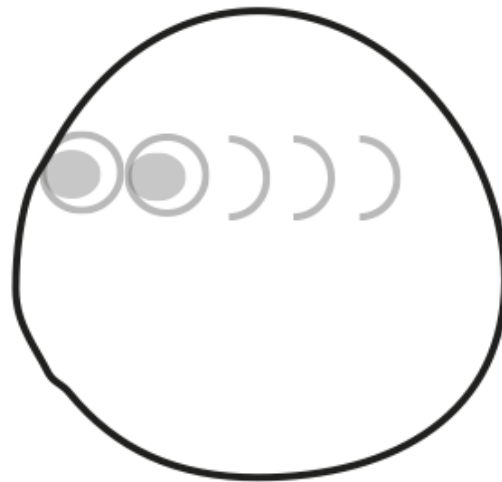
Step 3

Hold eyes in this pose for 15 pictures



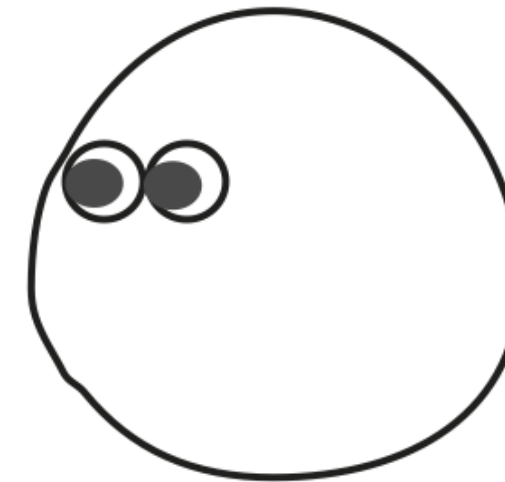
Step 4

Slide eyes back to center 4-5 pictures and take 15 pictures when they look forward again



Step 5

Slide them back to the left for 2-3 pictures.



Step 6

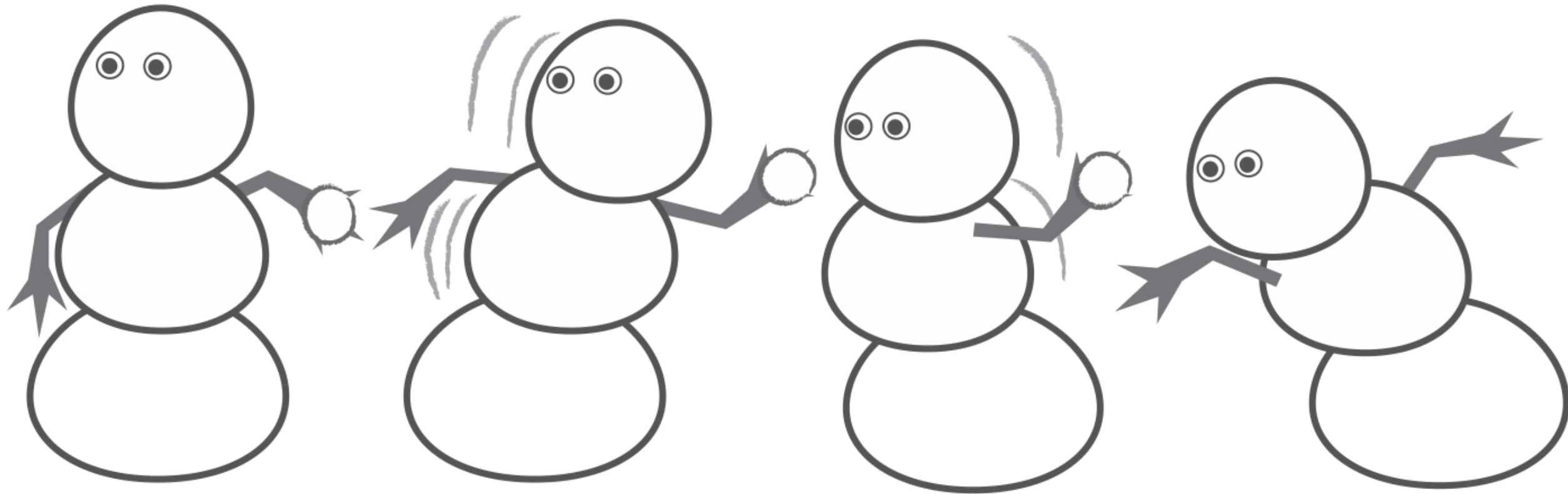
Hold for 15 pictures (blink the eyes 3 pictures for extra follow through)

Throwing Fast with Wind-Up Secret Recipe Video

Click to Play

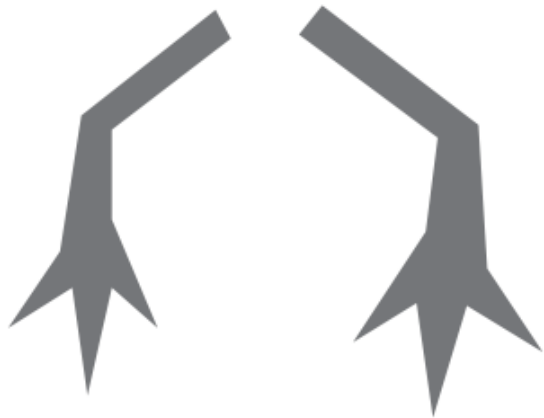


Throwing fast with wind-up



Step 1

Take 15 Pictures



Step 2

Lean body back and wind up arm in only 3 pictures from start. Then take 10 pictures

Step 3

Move head and upper body forward and bring front arm forward, take away back arm, the take only 1 picture

Step 4

Lean body way forward putting throwing arm in front. Bring back other arm pointing up and back. Hold for 15 pictures.

Inbetween Blur Secret Recipe Video

Click to Play



Inbetween blur with Wind-Up & Follow-Through

Step 1

15 Pictures of still face.
Then Wind-up with 3
tilting pictures to left.
Hold for 3 pictures before
step 2.



Step 2

1 Picture here with long Inbetween.

Step 3

Follow through with
3 pictures tilting to
the right. Hold for 3
pictures before step 4.



Step 4

1 Picture Here With Long Inbetween

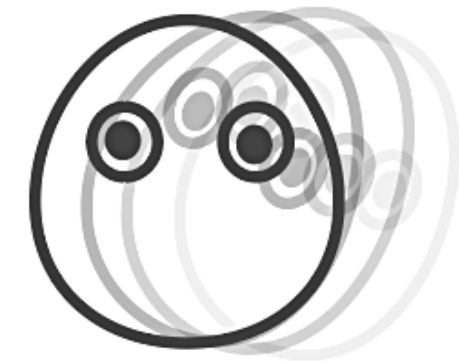
Step 5

Tilt to the left 3 pictures,
then hold for 3 pictures
before step 6.



Step 7

Follow through
with 4 pictures, tilting
to the right, then going
to regular face.



Step 6

1 Picture here with long Inbetween.

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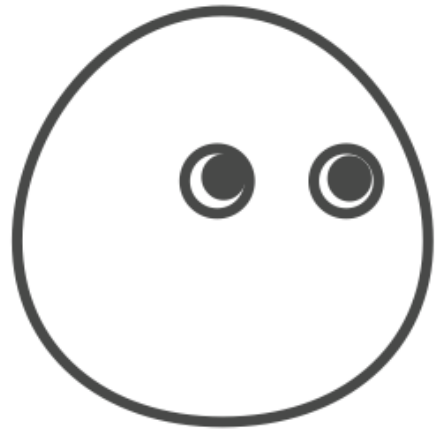
Eye-Popping 2

Secret Recipe Video

Click to Play

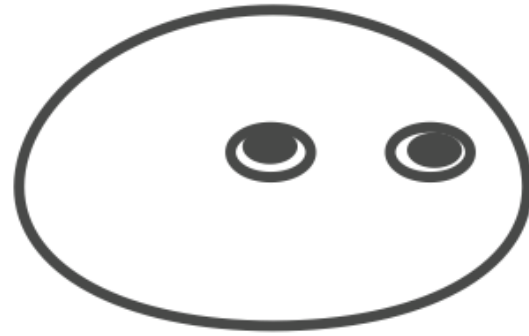


Eye Popping 2



Step 1

Put eyes on right side of the face.
Take 15 pictures



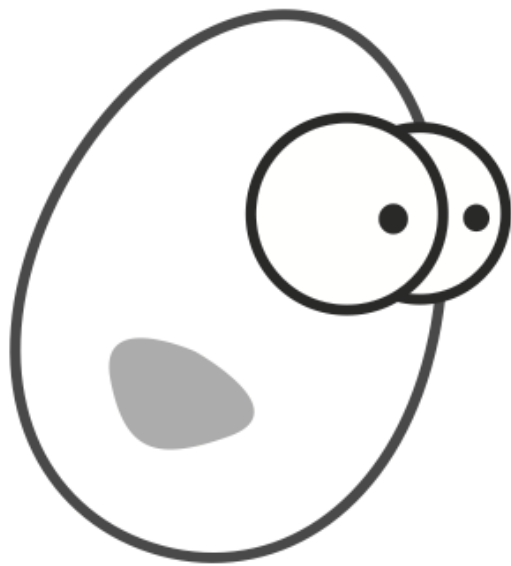
Step 2

Take 1 picture with the face squashing down



Step 3

Take 10 pictures with the face really squashed



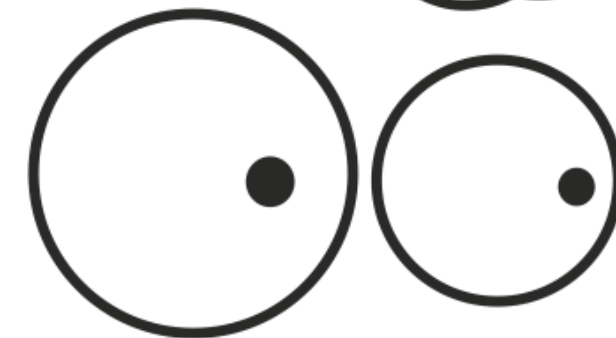
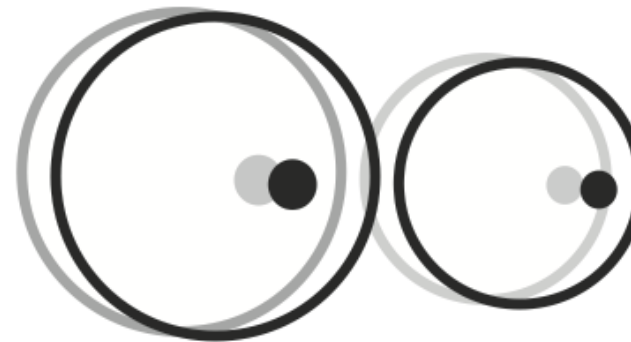
Step 4

Put small popped eyes on face and make a dent for a mouth opening



Step 5

Separate the eyes and shake 1 picture at a time for 15 pictures. Dent two eye holes and quiver or shake body at the same time.



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Lip-Synching Secret Recipe Video

Click to Play



Talking - Lip Synching

Step 1

Begin by setting mouth #1 on the face.
Take 15 pictures.
We need 15 pictures of nothing happening
before the speaking begins.

Step 2

Continue to take 1 picture at a time, laying
different mouth shapes on the face
for each picture. Have fun turning the shapes
upside down to get more variety.
Take 30 separate pictures of random mouth
shapes . We will have a two second loop
to use with our voices later.

Step 3

Finish by laying mouth #1 on the face
and taking 15 pictures.



Mouth 1



Snow Splash 1, 2, 3 Secret Recipe Video

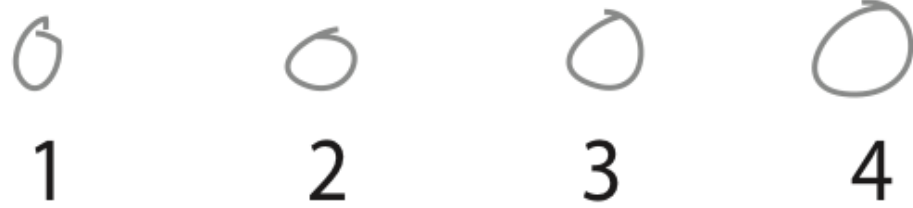
Click to Play



Special Effects: Snow Splash



Snowball
(use clay)



Step 1

Take 15 pictures
Then start the
snowball on the
big arc from left
to right, 1 picture
per space

Step 2

After Snowball
hits ground,
Start 1, 2, 3, 4 on
their paths all at
the same time



Special Effects: Snow Splash 2

Steps

Take one picture per space with the big snowball. When it hits the ground spray small bits 1, 2, 3, and 4 out from the sides.

Snowball
(use clay)



1

2

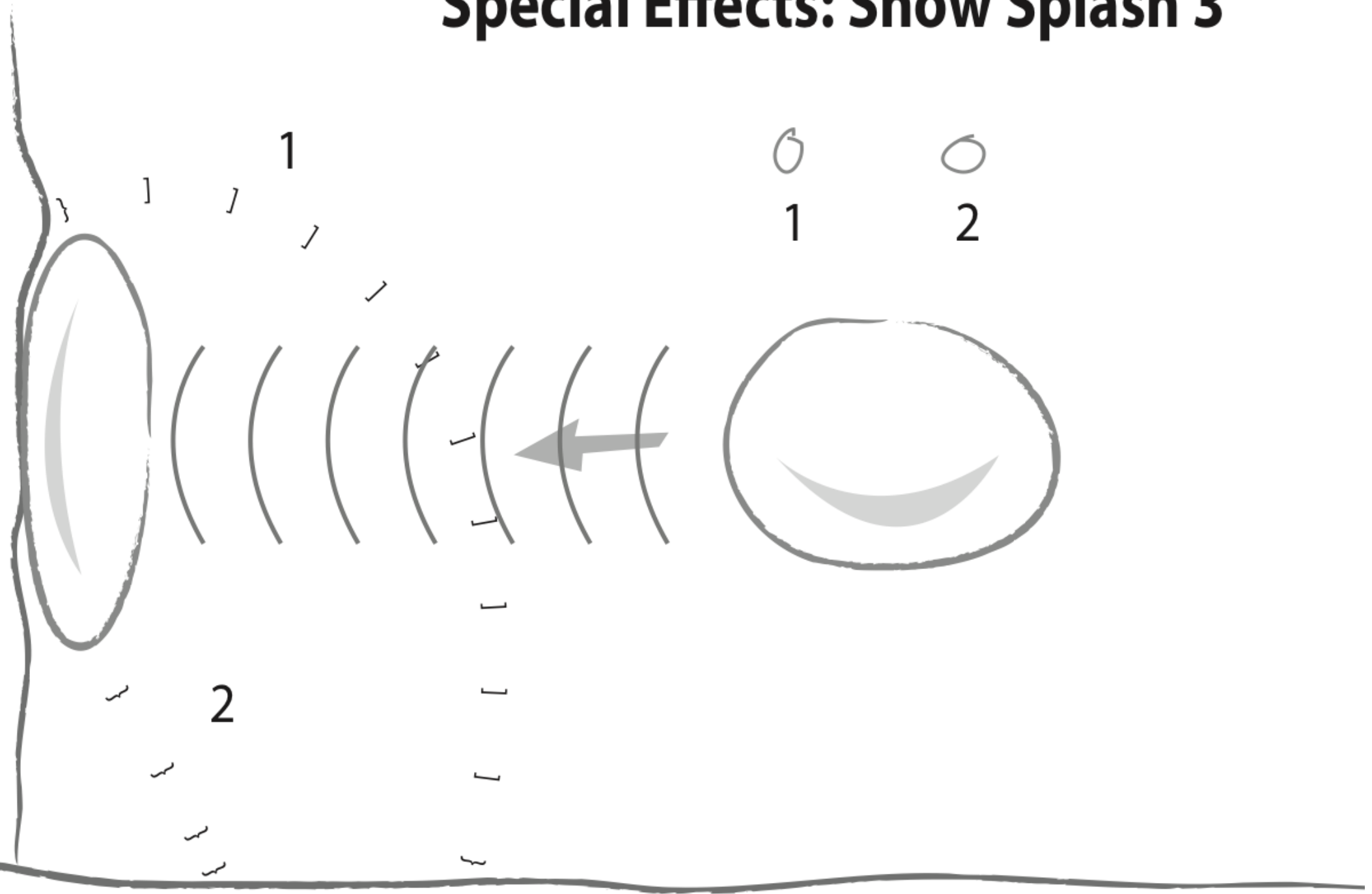
3

4

Special Effects: Snow Splash 3

Steps

Take one picture per space with the big snowball. When it hits the ground spray small bits 1, 2, 3, and 4 out from the sides.



The Abdominable Snoreman recipes come from Animating Kids!

The *Animating Kids* video library is a subscription streaming film school for kids ages 6-96!

140+ Pre-planned step-by-step videos/worksheets guide you from your idea to a final animated film!

Animating Kids! 80+ Discovery Secret Recipe Lessons

White Hat Recipes - The Basics of Animation (All lessons total running time - 58:33)

- 
1. Set Up Your Device (5:08)
 2. Frames Per Second (2:39)
 3. Sound Design (2:07)
 4. Spacing is Speed (2:15)
 5. Speeding Up/Slowing Down (1:36)
 6. Bouncing Ball (1:16)
 7. Squash (1:56)
 8. Stretch (1:50)
 9. Bouncing Ball w Squash & Stretch (1:29)
 10. Jump w Wind Up (1:55)
 11. Jump w Follow Through (1:30)
 12. Jump w Squash/Stretch & Wind Up (1:56)
 13. Throw (1:57)
 14. Sneeze (1:37)
 15. Shake (1:04)
 16. Quiver (1:16)
 17. Toggle (1:48)
 18. Loops & Cycles (1:54)
 19. Loops on a Path (1:21)
 20. Inbetween Blur (2:06)
 21. Simple Walks & Runs (2:29)
 22. Swing (2:29)
 23. Swing with Overlapping Action: Part 1 (2:29)
 24. Swing with Overlapping Action Part 2 (2:29)
 25. Blinking is Thinking (1:39)
 26. Talking/Lipsynching (3:12)
 27. Summary Animation (5:56)

Yellow Hat Recipes - The Basics Applied to Special Effects (Total Running Time - 47:54)

- 
1. Parallax: Motor Boat (1:41)
 2. Parallax: Airplane w Clouds (2:08)
 3. Parallax: Car (2:31)
 4. Moving Away (2:03)
 5. Moving Toward (1:26)
 6. Small Explosion (2:02)
 7. Large Explosion (2:45)
 8. Poof (1:40)
 9. Fighting Cloud (1:28)
 10. Falling Leaf (1:56)
 11. Rocket Blast Off (1:44)
 12. Splash (2:03)
 13. Camera Shake (2:00)
 14. Zooming In (2:38)
 15. Cracks & Shatters (1:55)
 16. Lightning (1:18)
 17. Flag Wave (1:23)
 18. Candle Flicker (1:46)
 19. Tornado (1:17)
 20. Ocean Waves (1:08)
 21. Chimney Smoke (1:32)
 22. Snow Splashes (4:10)
 23. Comet Tail (1:20)
 24. Water Faucet (1:00)
 25. Tsunami (1:09)

Red Hat Recipes - Character Animation: Acting/Posing (Total Running Time: 52:30)

- 
1. The Brow (1:57)
 2. The Brow w Wind-up/Follow Through (1:31)
 3. The Brow w Eyes (1:53)
 4. Crying Calm (1:37)
 5. Crying Hysterically (1:30)
 6. Getting Mad (1:38)
 7. Steam Out Of Ears (1:38)
 8. Eye Pop 1 (2:01)
 9. Eye Pop 2 (1:51)
 10. Eye Pop 3 (1:22)
 11. Lightbulb Over Head (1:58)
 12. Single Take (1:16)
 13. Double Take (1:30)
 14. Triple Take (1:44)
 15. Sloppy Chewing (1:45)
 16. Biting w Wind-up & Follow Thru (1:37)
 17. Snoring (2:09)
 18. Close Up Face Posing (4:10)
 19. Posing for Emotion (2:10)
 20. Running Basic (1:06)
 21. Running Intermediate (1:43)
 22. Confident Posing w Wind-up (1:09)
 23. Throwing Fast (2:09)
 24. Frog Hop (1:40)
 25. Frog Tongue Snap (1:52)
 26. Bee Buzz (1:30)
 27. Pig Flying (1:49)

Animating Kids! 50+ Storytelling/Production Lessons

Blue Hat Recipes - The Animation Chef's System: Creating A Short Animated Story from Scratch!

- 
1. Inventing a Story (3:20)
 2. Storyboarding (5:18)
 3. Brainstorming Dialog (2:10)
 4. Utensils and Ingredients (1:58)
 5. Layout Sizing and Timing (6:18)
 6. Organizing Props (2:18)
 7. Animating The Scenes (6:42)
 8. Finalizing Dialogue and Word Play (2:12)
 9. Editing and Sound Design (4:26)
 10. Final Movie and Organizing Premieres (3:01)

- Overview of the Production Process (3:48)
- Developing Characters and Stories With Small Groups
 - Part 1 - Story Drives Everything (4:50)
 - Part 2 - Originality (2:24)
 - Part 3 - Brainstorming Characters/Settings/Problems (5:57)
- Stickfigure Storyboarding
 - Long, Medium & Close Ups: Basic Cinematography for Kids (5:03)
 - Storyboarding For Solutions (8:26)
- Inventing Dialogue (5:02)
- Tape is Your Best Friend (5:22)
- Building Sets: Overview of S.L.T. System (2:09)
 - Sizing (8:48)
 - Layout (3:43)
 - Timing (5:21)
- Engineering and Organizing Props (3:26)
- Animating The Scenes (7:24)
- Finalizing Dialogue (2:46)
- Post Production:

Black Hat Recipes - Professional Development & Case Studies -

- Part 1 - Whiteboarding the Basics (4:31)
- Part 2 - Demonstration of Editing, Voice Overs and SFX (9:39)
- Finalizing Your Movies - Ideas on Presentation (8:42)
- **Person-i-mation - Animating Actual Kids**
 - Hovering Above the Ground (0:45)
 - Add Flapping To the Hover (0:35)
 - Flying Around (1:14)
 - Driving Chairs (1:27)
 - Beach Ball Catch (1:24)
 - Pulse Super Powers - Wind-up & Follow Through (0:53)
 - Hovering Spin (1:16)
 - Flying on a Broom (0:47)
- **Shark Vs Rabbit - Making a Cartoon Series with the Animating Kids!**
 - Spin Cycle (1:06)
 - Compilation 1 - Sharkler, Deep Dive, Bubble Head, Inked-In (1:29)
 - Compilation 2 - Shark in the Box, Tickle, Sand Man, Oh Snap (2:00)
 - Sharknado (1:22)

- Behind the Scenes: Sharkler (2:20)
- Behind the Scenes: Carpet De Carrot (2:16)
- Shark Vs Rabbit Recut - All (6:57)

Seasonal Projects

- The Abdominal Snowman (2:06)
- Valentines Day Ideas (1:42)
- Mother's Day Idea 1 (0:37) Idea 2 (1:36)
- Summer Lawn Surfing (1:37)
- Halloween (5:37)
- Holiday Family Animation (8:43)



Colored-Hat Skill Progression in Animating Kids

Animation Skill Discovery Recipes

Production & Training Recipes



The Basics
Timing
Spacing
Vocabulary



Special Effects
Parallax
Poofs
Fighting Clouds



Character Acting
Emotion
Face Acting
Lip Synching

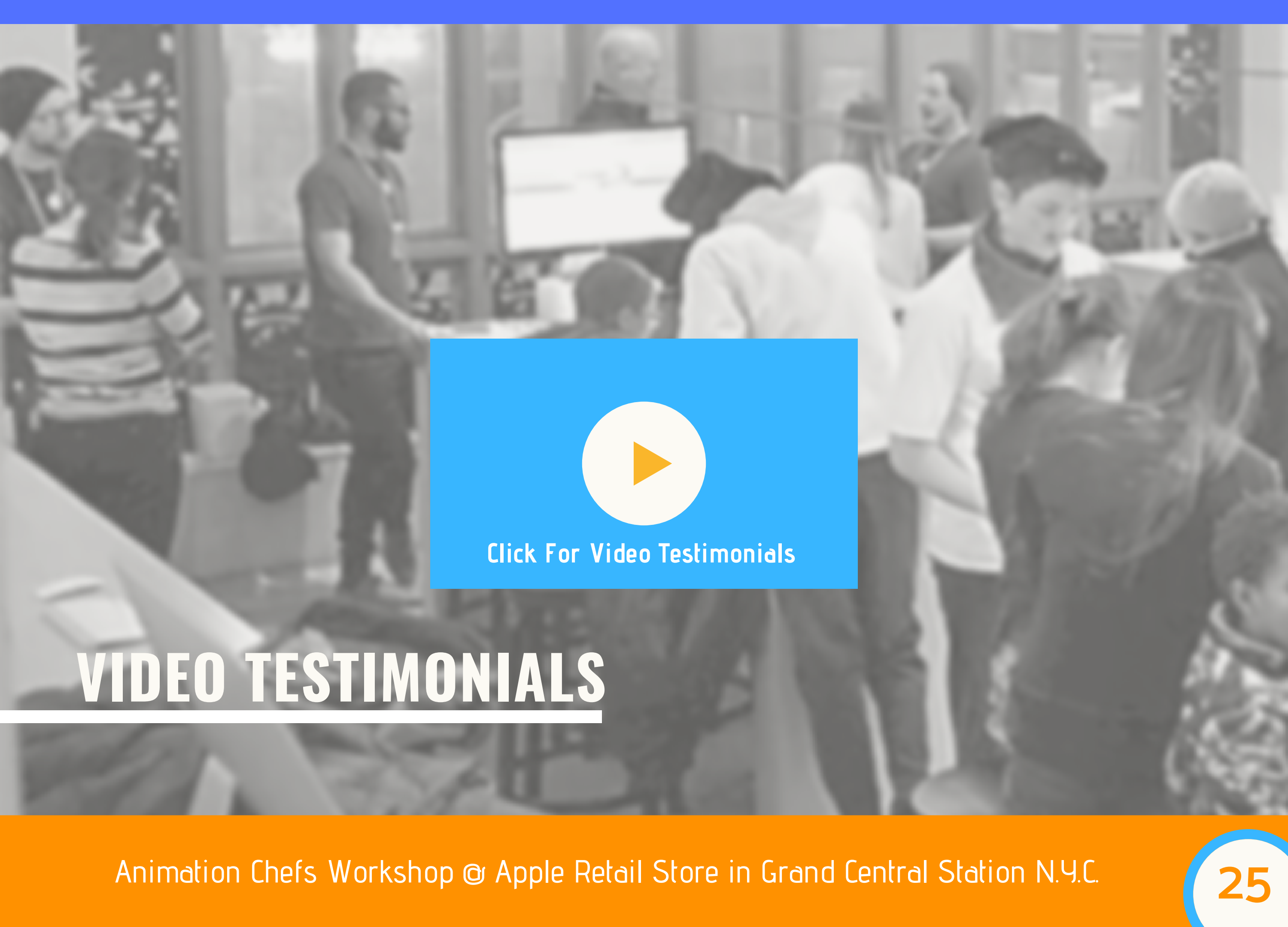


Animate a Story
Storyboarding
Materials
Sizing



Advanced Tips
Best Practices
Training
Case Studies





Click For Video Testimonials

VIDEO TESTIMONIALS



BE ASTONISHED!

”

“...the planning and hypothesizing... the suspense and joy of pressing the play button to see if it all works never gets old. As their ideas come alive on the screen, they light-up with astonishment and a real sense of achievement!”

Mrs. Tutt - 4th Grade Teacher



FOR ALL AGES!

“You have no idea how amazing it is... regardless of the age group, kids really got the basics of filmmaking with the Animation Chefs’ clear tutorial videos.

Whether at home or in the class - equally accessible!

Win, win. I absolutely love Animating Kids!”

Librarian/Media Specialist - Idaho

OUR MISSION

Promote media production as a basic literacy

Simplify Hollywood production concepts and skills
for non-filmmakers

Offer step-by-step, follow-along video lessons
streaming 24/7 around the world

Decode, demystify and deconstruct media persuasion

Create kids with digital storytelling superpowers



CONTACT US!

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THANKS FOR ENTERING THE *ABDOMINAL SNOREMAN* CONTEST!

